



COUNSELLING COURSES

DIPLOMA • GRADUATE DIPLOMA • MASTERS

*for people in
the business of
mending hearts
and minds*

Combined Counselling brochure | Oct 2017 edition

5 CAREERS THAT COULD BENEFIT FROM COUNSELLING SKILLS

Life and work is about dealing with people, and you're probably already employing tactics on mediating, managing, and negotiating in the workplace. By undertaking a diploma or postgraduate studies in counselling, you can dramatically increase the effectiveness of your skills and improve your confidence when helping others. It will also give you that extra edge in your résumé!

- People in **church ministries, para-church organisations and charities** that deal with helping others in need.
- **School teachers of all levels** — the ability to connect with individual students and motivate them sets apart good teachers from the rest.
- Those in **nursing and healthcare** are often at the coalface of dealing with the emotional distress of others.
- **HR professionals** need advanced insight into the needs, fears, and pressure points of those they meet to empathise effectively, and to recruit wisely.
- **Leaders and Managers** are naturally called on to mediate difficulties and provide guidance for their team.

CONTACT INFORMATION

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St Mark's website: www.stmarks.edu.au

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ABOUT ST MARK'S

St Mark's is a scholarly Christian theological community, serving Australian society since 1957. St Mark's is passionate about the practical connection of theological principles to public and private life, while championing intellectual rigour in the pursuit of academic excellence. Our students come from a wide range of denominations, backgrounds, and convictions, creating a rich and vibrant educational environment. Many are in ministry already, just starting out, or working in corporate or para-church organisations.

St Mark's is a Registered Training Organisation and offers Nationally Recognised Training in counselling, professional supervision, and ministry and theology under the auspices of the Australian Skills Quality Authority Standards for VET qualifications.

We have been a partner in the School of Theology at Charles Sturt University (CSU) since 1996. Through this association, St Mark's offers a wide range of undergraduate and postgraduate courses in theology, ministry, ageing and pastoral studies, and pastoral counselling.





CHC81015

GRADUATE DIPLOMA

RELATIONSHIP COUNSELLING

When counselling a couple in difficulty or distress, we face not only two people, but a third thing: their relationship. This difference to personal counselling requires further skills development.

The Graduate Diploma of Relationship Counselling course provides this skills training required for those seeking to enter a specialised counselling profession. This course may also provide a pathway to the Charles Sturt University's Master of Pastoral Counselling and counsellor registration. Like all courses at St Mark's, it integrates the best of current practice with ancient Christian wisdom.

If you complete this course with the Diploma of Counselling, you may be eligible for accreditation with the Psychotherapy and Counselling Federation of Australia (PACFA).

DELIVERY (BOTH COURSES)

Blended delivery of online and face-to-face training in Sydney, Canberra, Melbourne, and Shoalhaven district. Some two-day intensives may be included, depending on location.

DIPLOMA OF COUNSELLING COURSE DURATION

This is a 2-year part-time course.

For full course details, visit stmarks.edu.au/diploma-of-counselling

GRADUATE DIPLOMA OF RELATIONSHIP COUNSELLING COURSE DURATION

This is a 1-year part-time course.

For full course details, visit stmarks.edu.au/graduate-diploma-of-relationship-counselling



CHC51015

DIPLOMA OF COUNSELLING

St Mark's Diploma of Counselling equips you with the listening and responding skills necessary to help others through personal and psychological issues using established counselling methods and practices. This highly practical course includes a significant portion of skills practice in small face-to-face training groups to impart communication, micro-counselling, and interviewing techniques, drawing on varied counselling therapies.

Delivered by experienced, qualified, and practising counsellors, this nationally accredited course provides good grounding for you to step straight into a placement or pastoral counselling role. It is suitable whether you're seeking formal counselling training for the first time, or looking to augment your theoretical qualifications with hands-on counselling skills.

PASTORAL COUNSELLING

GRAD CERTIFICATE • GRAD DIPLOMA • MASTERS

Through our partnership with CSU's School of Theology, we offer pastoral counselling awards that integrate theory, theology, and practice — giving you the skills to make a difference to people's lives by providing spiritual and psychological support at times of various life crises, or to those seeking personal growth and development.

Taught by lecturers with extensive counselling backgrounds, these qualifications prepare you for professional or highly skilled work in settings such as pastoral and clinical counselling practice, church and community work, and lay or ordained ministry.

Subjects covered include pastoral counselling theory and skills, crisis intervention, grief, relationship counselling, mental health and trauma, pastoral theology, ethics, research methods, and reflective practice.



Our **Graduate Certificate** (exit point only) teaches the foundational skills and knowledge to enhance your experience in pastoral and aged care.

Our **Graduate Diploma** is a more in-depth course that provides you with the interpersonal relationship skills, and professional training to work in a diverse range of people-focused contexts. This course is especially useful if counselling others is part of your job.

Our **Master of Pastoral Counselling** deepens your understanding of pastoral counselling through the study of a range of theoretical approaches, while providing you with the opportunity to conduct research related to your current work environment.

Our **Master of Pastoral Counselling (with specialisation)** is a clinical stream that includes a field practicum and provides a pathway to registration as a counsellor. This course has professional accreditation with the Psychotherapy and Counselling Federation of Australia (PACFA) for the Clinical specialisation component which satisfies the academic and professional training requirements for Intern Registration. Your career path may consist of a variety of institutional, congregational or educational roles where counselling is a key component.

DELIVERY

Online (distance) education

COURSE DURATION

1 year part-time for Graduate Certificate

2 years part-time for Graduate Diploma

4 years part-time for Masters

For full course details, visit <http://www.csu.edu.au/courses/graduate-diploma-of-pastoral-counselling>

