HOW TO APPLY For more information and to apply for this course, visit stmarks.edu.au or call us on 02 6272 6252 during business hours.

Online Learning

at your pace,

of intensive

classroom

and eight days



## **ABOUT ST MARK'S**

St Mark's is a scholarly Christian theological community, serving Australian society since 1957.

It is Anglican in foundation and is home to students and lecturers from a range of backgrounds, cultures, countries and convictions, creating a rich and vibrant educational environment. St Mark's is passionate about the practical connection of theological principles to public and private life, while championing intellectual rigour in the pursuit of academic excellence.

St Mark's is a Registered Training Organisation providing nationally recognised vocational and educational training in Christian ministry and theology, counselling, and professional supervision. Together with our partner

TRAINING

Charles Sturt University (CSU), we also provide undergraduate and postgraduate courses through CSU's School of Theology.



#### Cost: \$5,200

If you are completing the entire course, a 5% discount will apply if you pay for the full course prior to commencement.

Course progression and graduation is conditional upon timely payment of fees. St Mark's reserves the right to withdraw students who are in arrears.

## **ADMISSION**

All applicants must have a minimum five years of experience in their relevant field. If English is not your first language, you may need to complete a language, literacy and numeracy (LLN) indicator test prior to enrolment.

You must be an Australian or New Zealand citizen, an Australian permanent resident, or hold a permanent humanitarian visa.

Requirements for entry are different for clinical and pastoral streams. Please refer to our website for full entry requirements.



(CLINICAL) (PASTORAL)



St Mark's website: www.stmarks.edu.au Facebook: /StMarksNTC



Nationally Recognise Training RTO CODE 88072





# The Importance of Professional Supervision

We can give our all to help the people we work with. All too often, though, we can "lose our way". Carers struggle with their professional learning curve, or experience burn-out and moral ambiguity. These difficulties may leave us open to risk, or cause us to question our vocation.

A caring supervisory relationship can transform these problems into opportunities for personal growth for a flourishing professional life. This course trains mid-career carers to offer that supervisory relationship to others. A well-trained supervisor listens carefully to supervisees, enables them to reflect upon their experiences of care, and empowers the supervisee to grow as a professional and as a person.

This course is unique, and has been developed to meet the needs of people both in pastoral ministry and professional counselling. The Australian community now expects better standards of accountability for those in caring roles. Our structured and caring approach to competent supervision will help you to meet this need.

#### COURSE SUBJECTS

#### Competencies in 10706NAT Graduate Certificate in Professional Supervision (Clinical) (Pastoral) are taught using a highly integrated approach. This course requires that you complete the following units of compentency.

The course is comprised of two streams – clinical and pastoral. Each stream is made up of 4 core units, plus 2 electives per stream. The stream completed is determined by the relevant background of the applicant.

## CORE

## SUPEMS001

## Establish and manage the supervision relationship

This unit provides an approach to "contracting" with a supervisee, in order to find their needs and aspirations. It also develops preliminary competence in engaged active listening.

#### SUPPPS002

#### Provide professional supervision

You will learn how to conceptualise the supervisory task. Since supervision includes reflection on relationships with people who are not in the room, you will receive a "framework" by which to help your supervisee reflect upon these complex relationships, and their own reactions to them.

#### CHCGRP004

#### Deliver structured programs

In the context of the supervisory relationship, it is important for the supervisor to intentionally lead each session, and the overall supervisory experience. This unit develops such intentionality while also retaining emotional connection with the supervisee.

#### PSPGEN035 Provide workplace mentoring

Supervisors set the conditions under which a supervisee can grow in professional competence. Even without knowing technical aspects of the supervisee's work, this unit trains supervisors to astutely discern with a supervisee how to develop as a professional.

## ELECTIVES — PASTORAL STREAM

#### DEFCHP002

#### Provide ethical and pastoral advice

Pastoral carers often work with those in ethically and morally difficult situations. This unit will assist a supervisor to analyse such situations with the supervisee, so that the supervisee will have more creative and helpful responses.

For full course details, visit stmarks.edu.au

#### CHCPRP006

#### Lead own professional development

The supervisor is not a counsellor or a therapist for the supervisee. This unit shows supervisors how to enable pastoral supervisees to take responsibility for their own professional life and personal wellbeing.

## ELECTIVES — CLINICAL STREAM

CHCLEG001

#### Work legally and ethically

There are legal and moral minima to which all counselling supervisors and supervisees must comply in their professional practice. This unit overviews these requirements, and shows how to meet them in an orderly and integrated way.

#### CHCPRP007

#### Work within a clinical supervision framework

Clinical counsellors are required to undergo supervision for their case load. This unit outlines how to conduct and participate in such supervision.

### DELIVERY

Online, work-based, and 8 days of intensive classroom training

COURSE DURATION 1 year part-time

For the full calendar of important dates, visit stmarks.edu.au/key-dates

# Enabling you to Empower others

This course gives counsellors and ministry workers the opportunity to study the theory and practice of the professional supervision of other carers. It integrates the best practice in the sector within a theological and clientcentred framework. It is intended to train people to work as:

- clinical supervisors of counsellors, therapists, social workers, youth and community workers;
- pastoral supervisors of clergy, church workers and pastoral carers;
- supervisors of pastoral care workers in hospitals and aged care facilities;
- supervisors of counselling or ministry students in training.

This course will also allow for supervisors to upgrade their skills and knowledge, and individuals to qualify for membership of professional supervision associations.

